



For guidance on managing construction health risks go to www.hse.gov.uk/construction





1105 Safety Guidance



Using the Support Props

- Wear your protective equipment including safety boots and helmet.
- Check the props each time before you start work. 2
- Do not remove or adjust any prop until you are certain that it is safe to do so.
- Do not string or tie any electrical or lighting cables to the props.
- If props are left in position unattended, make the area safe against children and other unauthorised persons.
- The props must be inspected by a competent person at least once a week.
- 7. Always return the equipment to the hire company in a clean condition.
- If your equipment is faulty, do not attempt to repair it. Contact the hire company.
- You may want to read this leaflet again. Please keep it until you finish work.

Please keep this leaflet safely as it may be required for future reference















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from the top of the outer tube. onter tube. Keep your hands well away the inner tube will slide down into the you remove the load and pull the pin out, 11. Be careful when removing props. When beam or other load into place. 10. Do not use the prop as a jack to lift a ou sii rue brops you use.

You must make sure that the load is equal 8. Make sure each prop is located vertically.

fall over causing injury or damage. ioose, wnile installing otner props, it will bearing its share of the load, if it becomes vertical. You must hold the prop until it is Cueck the prop is secure rue prop. Screw the collar up against the pin to

down to accommodate this. rube. You may need to screw the collar into the most suitable hole in the inner and through the slot in the outer tube, er Focate the pin, above the screw collar,

upper surface it should be in position. upper surface. If you are using a piece of timber between the headplate and the 5. Carefully slide the inner tube up to the spould be resting on it.

It you are using a soleplate, your prop position, then adjust the prop so it is vertical. Locate the baseplate of your prop into your helmet.

Wear your safety equipment especially

Two persons are required to put props in

INSTALLING THE PROPS

yard): and that they are not brace about 25mm in 1 metre or 1 inch in 1 **.5** The above guide assumes that the props are within 1.5 degrees of vertical (This is

architect or other responsible person.				
	Kilogra	Extended Length (metres)	Closed Length (metres)	Prop Size
002	41	1.83	1.04	0
009	31.	3.12	27.1	1
008	19	3.35	89.1	2
000	10	3.96	2.59	3
00)/	88.4	3.20	t
U	JV	0 + 3	33 6	

sate loading of props. The following is a general guide to the metres closed (6.1 metres extended).

metres extended). The longest, is 3.65 different lengths (3 of 0 of 2). The Shifterent lengths are the shifterent lengths are the shifterent lengths are the shifter lengths are the shifterent len Support props are usually available in six

SAFE WORKING LOAD

structure needs. and now much support your overnead understand how to use the props safely 11. Before you start work, make sure you

knowledge to do it sately. nuless you have the nece 10. Do not try to brace your support props with timber. Use the correct length prop. that are too short by making up the gap lengths (size 0 to 5). Do not use props Props are available in six different





Support Props

The rules and procedures in force where people are at work may require the person responsible for this equipment to carry out a specific risk assessment.

It is important to read this entire leaflet BEFORE using the Support Props

- 1. Plan the use of the Support Props so that they can always
- The use of props for the temporary support of overhead structures should only be undertaken by persons who have the necessary knowledge and experience to do the job
- Consult with the architect or other responsible person regarding the weight of the overhead structure to be supported.
- These support props are designed to give support to overhead structures while the existing support is renovated or replaced.
- The action of these support props can cause injury or damage if not used in a careful and controlled way.
- If you have not used support props before, familiarise yourself with the equipment before you start work.
- You should wear the following items of personal protective equipment: safety boots (EN345 or BS1870 / 4972); safety helmet - EN397 or BS5240; safety helmet - EN397 or BS5240: gloves.
- These support props must not be used by minors, or by anyone under the influence of drugs or alcohol.
- Support props are designed for operation by an able bodied adult. Anyone with either temporary or permanent disability must seek expert advice before using them.













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brotective equipment.

.(278⁺ / 078⁺28).

level of protection.

also need to wear appropriate personal

Anybody who is working near to you will

errong gloves will help protect your

BS5240) when working with support

You must wear a helmet (EN397 or

You must wear safety boots (EN 345 or

jobs or environment may require a higher

you use the support props. Particular

minimum that should be worn whenever

protective equipment (ppe) are the

be used above the head plate to help A piece of timber like the soleplate can

paseplate. side of the support prop's

to project at least 300mm (12 inches) inches) thick. It should be long enough 6.1) mm85 yd əbiw (ehoni 9) mm252 The timber soleplate should be at least sultable structural concrete.

soleplate unless the baseplate is on Each prop should stand on a timber

will be transferred to it by each prop. strong enough to support the load that head plate, or each prop, will locate, is upper surface, where the baseplate and Ensure that the floor and ceiling, or

in 1 metre (1 inch in 1 yard). degrees off vertical. This is about 25mm Props must never be used more than 1.5

bear its safe load. Your prop must be vertical in order to

working load (SWL) for your props. Find out, and do not exceed, the safe

damaged - contact the hire company. chain. Do not use anything found that the original pin is still secure on its and that they telescope easily. Check rne inner and outer tubes are straignt Check your support props, check that

SHORY TROPS







7. The following items of personal **SHOTARISONS**

prop takes the weight of the adjoining of your prop will not give way when the surface where you locate the headplate Make sure that the ceiling or upper

bisced upon it. enough to support the weight that will be the baseplate for your prop is sturdy Make sure the floor area where you put

around your work area. Warn others to keep away. Put barriers Protect other people from the danger.

or could distract you. and safe and that no-one is near to you

Make sure that your work area is clear area when props are in use.

Only essential people should work in the **MORK AREA**